



31 Days of Not-So-Spooky Halloween



One simple, senior-friendly idea for every day of October

1

Decorate a Witch Hat

Use ribbon, stickers, feathers, and felt shapes.

2

Orange & Black Day

Invite residents and staff to wear the colors.

3

Pumpkin Bowling

Roll a soft orange ball at lightweight pins.

4

Autumn Name That Tune

Mix familiar fall songs with resident favorites.

5

Friendly-Face Pumpkin

Create the happiest pumpkin without carving.

6

Halloween Pictionary

Draw easy seasonal words on a large pad.

7

Candy Guessing Jar

Estimate the number, color, or type of candies.

8

Costume Memory Talk

Share favorite costumes and celebrations from years ago.

9

Pumpkin Patch Walk

Tour resident-decorated pumpkins together.

10

Black Cat Bingo

Use seasonal cards or orange-and-black markers.

11

Autumn Photo Booth

Offer hats, scarves, signs, and light props.

12

Seasonal Mystery Bag

Identify safe autumn objects by touch.

13

Monster Mash Chair Dance

Add seated movement to familiar music.

14

October Trivia

Try pumpkins, costumes, autumn, and traditions.

15

Decorate a Door

Create, tour, judge, or vote from photos.

16

Pumpkin Tic-Tac-Toe

Use a large board with orange and black pieces.

17

One-Accessory Costume

Choose a hat, scarf, crown, badge, or glasses.

18

Autumn Scent Guessing

Try cinnamon, apple, vanilla, and clove.

19

Make a Fall Centerpiece

Arrange leaves, mini pumpkins, and ribbon.

20

Lighthearted Movie Matinee

Let residents choose the title and mood.

21

Witch-Hat Ring Toss

Play a tabletop or floor version.

22

Friendly Costume Parade

Celebrate every level of participation.

23

Finish the Halloween Phrase

Use familiar, playful seasonal sayings.

24

Adaptive Pumpkin Painting

Use foam grips, daubers, and nonslip mats.

25

Harvest Social

Add fall music, decorations, and conversation.

26

Silly Pumpkin Awards

Vote for happiest, brightest, or most creative.

27

Community Card-Making

Create cheerful autumn cards for local helpers.

28

Favorite Fall Foods Chat

Reminisce about recipes, fairs, and harvests.

29

Guess the Staff Costume

Use clues or childhood photos for extra fun.

30

Resident Choice Day

Repeat the activity residents enjoyed most.

31

Halloween Celebration

Combine costumes, music, games, and resident roles.

MAKE IT YOUR OWN

Offer choices. Adapt materials. Invite residents to help lead.